



# Mayo Education Centre

## Workshops for Teachers, B.O.M. & Parents in association with the Family Centre

### SCHOOLS AND FAMILIES WHERE PARENTS HAVE SEPARATED WORKING TOGETHER

This seminar is specifically provided for school Teachers, Principals and Boards of Management. It aims to help raise awareness of issues faced by parents and children of families where separation has occurred and how schools and these families can work together to deal with sometimes painful and difficult issues. Among the issues to be discussed are; the experience of separation from parents and children's perspectives, how schools can support families, challenges faced by schools, what other supports are available to separated families.

**Date:** Thursday 27th January 2011

**Time:** 7pm

**Venue:** Mayo Education Centre

**Facilitator:** Catie Bellamy, Project Worker with The Family Centre on "Family Life after Separation Project".

**Cost:** Free of charge.

### GETTING THE BEST FROM OUR TEENAGERS

Getting the right balance between supporting teenagers while setting important limits and boundaries is a constant struggle for many parents and teachers. All teens are so different too that we have to tailor our responses to them in an individual way. However, there are some principles of working with teens that are more likely to get the best from them. This presentation will explore ways we might do this so as to help them to be responsible adults later in life and minimising our own stress levels in the meantime.

**Date:** Tuesday 1st February 2011

**Time:** 7.30 p.m. – 9.30 p.m.

**Venue:** Mayo Education Centre

**Cost:** Free of charge.

**Presenter:** **Gerry Farrell.** Gerry is a counselor with the Probation and Welfare Service Treatment Centre in Harristown, Castlerea. He is a tutor in Trinity College, Dublin on the Diploma in Counselling Course and lectures widely on topics concerning young people and their growth and development.

**Refreshments will be provided.**

**Booking is essential as numbers are limited. Book early and avoid disappointment.**

**Contact Mayo Education Centre at 094 9020700.**

**Please let Mayo Education Centre know in advance if you have any special requirements regarding mobility or special needs.**

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